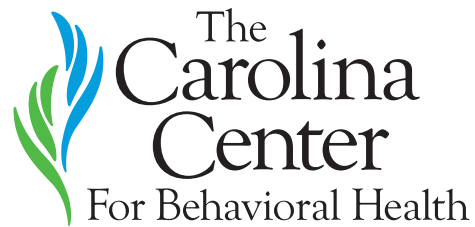




WHERE THERE IS CARE, THERE IS HOPE.

Carolina Center for Behavioral Health

Centrally located between Greenville and Spartanburg in the Upstate Region of South Carolina, the Carolina Center for Behavioral Health is proud to offer high quality psychiatric and chemical dependency treatment to adults, adolescents and senior adults in a safe, tranquil setting. Our interdisciplinary treatment teams are led by psychiatrists and include therapists, counselors, nurses and mental health technicians. We work closely with community referral sources to ensure a continuum of care when a patient returns to life outside the hospital. From the assessment process to the discharge planning process, our primary focus is on the needs of the individual patient, providing the tools for continued recovery and a sense of hope.



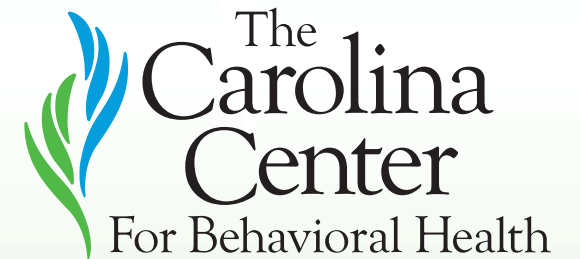
To talk with someone about getting help,
call our assessment office at:

800-866-HOPE (4673)

For more information about our programs and services,
please visit our website at:

www.thecarolinacenter.com

Carolina Center for Behavioral Health
2700 E. Phillips Road, Greer, SC 29650
(864) 235-2335



*Our facility, located in Upstate
South Carolina, specializes in psychiatric
and chemical dependency treatment for
adolescents, adults and senior adults.*

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INPATIENT services

ADULT PSYCHIATRIC PROGRAMS

Intensive stabilization in a safe environment of care is provided for individuals with a variety of mental disorders. Individuals and families learn strategies to regulate emotions, improve social and occupational functioning, and increase quality of life through a combination of psychotherapy, medication, and education. Individuals with co-occurring substance use disorders receive education and addiction treatment as needed, in addition to recovery support.

ADULT SUBSTANCE ABUSE PROGRAM

Medically Monitored Intensive Inpatient Detoxification is provided by an ASAM certified addictionologist and psychiatrists. Licensed therapists provide evidenced based treatments including cognitive-behavioral therapy, 12-step facilitation, and motivational enhancement. 24-hour nursing care and physician coverage ensure that withdrawal symptoms are managed effectively, increasing treatment compliance and reducing the risk of relapse.

ADOLESCENT PROGRAM

Treatment occurs in a highly structured, safe environment which provides an opportunity for adolescents ages 12-18 to learn and practice behavioral skills to manage a wide range of emotional, behavioral, and family problems, including substance abuse. Family therapy provides an opportunity to identify and modify family dynamics that may be reinforcing problem behaviors. Supervised study time allows for students to keep up with school assignments.

GERO-PSYCHIATRIC PROGRAM

Older adults with a variety of mental and behavioral disorders are treated in a secure, highly structured setting by a care team with experience in working specifically with the elderly. Many older adults in our program are experiencing problems with confusion and memory loss. These are handled with sensitivity and care. Social workers and therapists provide individual, family, and group therapies, and provide discharge planning services.

All inpatient services include meals, snacks, resource materials and recreation therapy. Each wing in the hospital is equipped with laundry services, outdoor courtyards, 24-hour a day nursing stations and patient education areas.



OUTPATIENT services

ADULT PSYCHIATRIC PARTIAL HOSPITALIZATION PROGRAM

This program meets seven days a week from 9 a.m. to 3 p.m. and includes four group sessions each day with two group sessions led by licensed master's-level therapists. Educational groups are offered and topics include relaxation techniques, anger management, stress management, assertiveness training and communication skills. There is an emphasis on relapse prevention, medication and illness education. This program includes weekly sessions with a psychiatrist.

ADULT PSYCHIATRIC INTENSIVE OUTPATIENT PROGRAM

This program meets Monday, Wednesday and Friday from 9 a.m. until 12 noon and includes two group sessions per day led by licensed master's-level therapists. Educational programs include anxiety reduction, communication skills, diagnosis education, relapse prevention and strategies for managing intense emotional distress and reducing painful emotions.

ADULT CHEMICAL DEPENDENCY INTENSIVE OUTPATIENT PROGRAM

This program meets Monday, Wednesday and Friday evening from 6-9 p.m. Each evening consists of one group therapy session and one educational group led by master's-level therapists. The major components of the program include relapse prevention, 12-step orientation, improving family life and education on such issues as addiction, life skills, relationships and communication. Family education sessions are held once a week.

ADOLESCENT PARTIAL HOSPITALIZATION PROGRAM

This program meets seven days a week and consists of two group therapy sessions led by master's-level therapists, two educational groups and an activity therapy group. This program also includes two hours of study time per day, weekly sessions with a psychiatrist and individual family sessions.

ADOLESCENT CHEMICAL DEPENDENCY INTENSIVE OUTPATIENT PROGRAM

This program meets Monday, Wednesday and Friday evening from 6-9 p.m. Each evening consists of one group therapy session and one educational group led by a master's-level counselor. Therapeutic practices include a combination of motivational enhancement techniques, cognitive behavioral therapy, 12-step integration and family education. Our mentoring program is available to those students who graduate from CD-IOP and wish to serve as positive role models for those currently in the program, thus building a peer support network. Family education sessions are held once a week.

“I got the help which has put me on a road of recovery, just one day at a time. Today I am happy, joyous and free.”



“Thank you for giving us our son back.”



“Our lives have new meaning and great happiness because of your staff.”

ASSESSMENT SERVICES

Our staff of licensed master's-level therapists is available 24 hours a day, seven days a week to respond to calls, conduct assessments and to provide community referral services. Please call 800-866-HOPE (4673) to talk with someone about the admissions process or to set up a free and confidential assessment.

INSURANCE

Many insurance plans will cover all or part of the cost of hospital treatment programs. Our staff will work with the individual to determine the level of coverage and can assist with financial arrangements for any cost not covered by insurance.

ACCREDITATION

The Carolina Center for Behavioral Health is accredited by the Joint Commission on Accreditation of Healthcare Organizations, certified by Medicare, Medicaid and CHAMPUS, and licensed by the South Carolina Department of Health and Environmental Control.



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